# Morris-Union Jointure Commission ONLINE via Zoom - PARENT AWARENESS WORKSHOP Tips for Managing Your Child's Behavior Using Positive Behavioral Interventions and Supports (PBIS) at Home

One of the most difficult things about parenting a child with challenging behaviors can be simply getting your child to do what you ask. Daily routines, such as getting ready for school or bed and mealtimes, can become battlegrounds. Once a behavior begins, you have already lost the battle. In this workshop, providing proactive environmental, social, and behavioral supports at home to help set the stage for your child's behavioral success will be explored. Strategies, new outlooks, and deepening your understanding of your child's behavioral concerns and how to provide the necessary support will be taught.

This workshop will focus on:

- ways to set clear expectations for children's behavior,
- how to apply the 4 to 1 rule at home with children to recognize successes,
- the method of using non-confrontational limit setting with children when behaviors occur.

### Presented by:

Michelle Lockwood, M.S., Director of Positive Behavior Support Services New Jersey Coalition for Inclusive Education

#### Date & Time:

October 28, 2021, 7:00 p.m. – 8:00 p.m.

## Sponsored by:

Morris-Union Jointure Commission

#### Location:

ONLINE via Zoom - Access information will be emailed to registrants

	MUJC	website:	www.mujc.org		
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	REGISTRATION FORM	- PARENT	AWARENESS	WORKSHOP	

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There is <u>no cost</u> for this workshop; however, <u>registration is required.</u>

Please complete and return this form to:

Morris-Union Jointure Commission Attention: Ursula Nazar, Professional Development Manager 340 Central Avenue, New Providence, NJ 07974

Email: unazar@mujc.org or fax to: 908-464-1244

Check here and include your email be				
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Email Cell PRINT CLEARLY - Access information to the online Zoom workshop will be emailed to registrants.				