

## Health Matters

**Communicable Disease:** Parents should inform the nurse via telephone of any communicable disease a child may have. A child should remain home for 24 hours after starting antibiotics. Please have your child remain home for at least 24 hours following a fever. The child's temperature should be taken free from medication such as Tylenol, aspirin, etc. If you, as the parent, feel your child needs to see a doctor for any injury or illness, please do not hesitate to keep them home or bring them to school late after they have been checked. All absences or late arrivals should be called in to the absence line.

**First Aid:** If an accident or sudden illness occurs *after* a student has arrived at school, first aid will be administered and the student's parent notified. School personnel can give NO CARE beyond first aid, defined as the immediate, temporary care given in case of accident or sudden illness. School personnel may NOT assess/treat injuries/conditions/illness that are NOT school connected. When a child must be sent home, the parent will be requested to pick up the child or otherwise arrange transportation. The school nurse should be notified if a child has been injured outside of school. Doctor's orders are needed for crutches, wheelchairs or any type of treatment that may be needed in order for your child to attend school.

**Medication:** School nurses are NOT allowed to administer medicine to students without a **permission slip signed by the Physician AND Parent**. This includes antibiotics, cough medicine, headache medicine, antacids, creams, ointments, eye drops etc. Forms are available in each health office as well as at [www.warrentboe.org](http://www.warrentboe.org). Medication shall NOT be transported by a student unless it is authorized as "self-medication" and appropriate forms are signed and on file in the health office. If a child is allergic to anything, such as bee/insect stings or any type of food, it is essential that the school nurse be notified immediately and supplied with the necessary medication and medical authorization to administer the medication.

**Pesticide Information:** As part of the information act for pesticide use, before treatment of any room, a notice will be posted in the office. The notice will include the date, time, brand, active ingredients, applicator's name, safety procedures, proposed next application date and general information. All products are applied according to the manufacturer's directions and state approved for use in our buildings. Students and personnel will be allowed to enter a room which has been treated once the specified time has lapsed and proper procedures have been followed. The application of any pesticide, herbicide, and insecticide are limited to state licensed individuals only.

**Physical Examinations:** A physical examination is required for each new student who registers in our district. A New Jersey licensed physician or nurse practitioner must do this physical. **Students participating in sports must have a medical examination completed no more than 365 days prior to the first practice session.** The Parental Consent/Health History Form and Eligibility Form must be completed for **each sport**. These forms may be downloaded from: [www.warrentboe.org](http://www.warrentboe.org)  
While not required, it is important to obtain a physical examination at least once during each of the developmental stages: early childhood (K- 3<sup>rd</sup> grade); pre-adolescence (4-6 grade); adolescence (7-12 grade)

**Physical Education Exemptions:** A note from the child's parent is necessary to excuse a student from physical education classes for up to TWO days. Should a child need to be excused beyond two days, a physician's note is required.



## **HEALTH GUIDELINES**

During the school day, your children interact with many other children and adults. In order to maintain a healthy environment for all, please follow the guidelines below:

1. If your child has any of the following: fever of 100 or greater, vomiting, irritability, diarrhea, rash with fever or behavioral change, mouth sores with drooling, persistent cough and/or nasal discharge or symptoms that prevent your child from participating in school activities he/she should remain home until symptom free for 24 hours or a physician has determined the child is able to return.
2. If your child has a generalized illness (see above) during the school day, he/she will be excluded and should remain home until symptom free for 24 hours or until a physician has determined the child is able to return.
3. If your child has strep throat, he/she is excluded for 24 hours after medication with antibiotics has begun.
4. If your child has pink eye (purulent conjunctivitis), he/she will be excluded until examined by a physician and approved for readmission with no purulent (pus) discharge.
5. All cuts and abrasions should be kept clean and covered with a bandage. Any unusual amounts of drainage or swelling will be referred to the child's medical provider. If your child has impetigo and/or a draining wound that cannot be covered sufficiently, he/she is excluded until appropriately treated.
6. A child will also be excluded for communicable diseases in accordance with New Jersey Law/American Academy of Pediatrics Red Book.
7. If your child has any serious injuries, surgery or is hospitalized a note from the doctor is needed to return to school. The note should indicate if there are any limitations or if your child is allowed to participate in all school activities. **The school physician has the final review of any reports and orders from a child's medical provider.**
8. The spread of any infectious disease can be prevented or deterred if students adhere to basic principle of good personal hygiene, cleanliness and recommended use of personal protective measures.