



**“JUST BECAUSE YOU
CAN’T SEE IT DOESN’T
MEAN IT’S NOT
THERE”**

**A Community Conversation on
“Mental Health And Our Teens”**

Serious Mental health disorders such as depression and/or anxiety affects 1 in 5 adolescents at some point in their life. Unfortunately, less than half receive any kind of treatment for these Disorders. There are warning signs family and teaching professionals can watch for and urge young people to get help

**PARENTS AND TEACHERS NEED TO KNOW
the signs, the symptoms and how to get their students help.**

**Thursday, April 12, 2018
Watchung Hills Regional High School
Doors open at 6:30 pm
Light refreshments will be served**

Speakers

Mollye Reading-Scott
Program Facilitator
Minding Your Mind



Kristen Harootunian
Minding Your Mind

Panelists

Julie Kumpf
Student Assistance Counselor
WHRHS

Jill Gleeson
Health Education Teacher
WHRHS

Doug Graiver
Clinical Program Manager
Care Plus NJ at WRHS

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