

**Watchung Hills Boys and Girls Day Camp  
Register Now!!!!**

[www.watchunghillslacrosse.com](http://www.watchunghillslacrosse.com)

**Day Camp at WHRHS**

WHEN: July 10th - 13th, 2017

TIME: 9AM - 2PM

WHERE: Lower Mountain Ave. Fields at WHRHS

FOR: Youth players, both Boys and Girls grades K - 8

FEE: \$200 per participant (sibling discount rate available)

DESCRIPTION: Boys and Girls will be offered opportunities for position specific instruction that will reinforce fundamental skill sets and introduce advanced skill concepts, to benefit players of all experience/ability levels. Players should come prepared with full equipment and lunch, ready to work hard and have fun!

**Individual and Small Group Training:**

Contact us for additional information specific to "Individual and Small Group" training. Sessions are offered by qualified staff members and are coordinated to maximize development in the follow areas:

- Fundamental Skill Training - Basic Skill Development (novice player)
- Position Specific Training - Attack, Midfield, Defense and Goalie Development
- Specialty Training - Face-off Development

**General Information**

Coordinated by: Head Mens' Coach Jamie Lovejoy with Womens' Head Coach Craig Tuma, aided with the WHRHS Boys and Girls Lacrosse Staff

Camps/Clinics are open to players currently in grades K - 8. Participants receive intensive position specific training, while being provided the opportunity to develop fundamental and specialized skills through increased repetition and focused instruction from staff members. Prospective campers apply skill sets that are modeled for them as they look to develop into more effective and capable lacrosse players. Participants will enjoy a high paced, engaging approach to development and instruction.