

# the bar method<sup>®</sup>

WARREN



**Back to School You!**

## **Try Our New Client Special!**

\$99 for 30 days of unlimited  
classes!

The Bar Method provides an hour-long ballet barre based fitness class that is safe, challenging, expertly taught, fun, empowering, and highly effective at toning and slimming down students bodies.

Give yourself 30 days to feel the changes in your body. Once you are hooked, enjoy our Monthly Unlimited Teacher's Special!

51 Mt. Bethel Road, Warren  
908-546-7385  
[warren.barmethod.com](http://warren.barmethod.com)