

In an effort to create consistency among schools and strike a balance between parents who feel there are too many school parties and those that delight in school celebrations, the following nutrition guidelines go into effect September 2013.

**New Nutrition Guidelines Effective September 2013/REVISED MAY 2014**

- Each class is permitted 5 classroom/school wide parties:
- Students celebrating birthdays may continue to bring in a treat from the approved list
- Any addition food related celebrations must receive prior approval from the principal

During **EACH** Party Celebration **ONLY** the following items are allowed:



1. To drink: **ONLY WATER**



2. **ONE sweet treat *off the district approved list*** (brought by ONE parent)



3. **ONE savory treat** (pretzel, goldfish or popcorn) (brought by ONE parent)



4. **ONE fruit or vegetable platter** (brought by ONE parent)

**No other celebrations or rewards for the class can involve food.**

Warren Township Schools

Effective September 2012/REVISED MAY 2014

Approved Foods for School Wide/ Classroom Celebrations and Parties

Homemade items made from scratch (NO SPRINKLES, COLORED SUGARS, GEL, OR ANY TYPE OF DECORATION ALLOWED) are welcomed as long as they are limited to cookies, brownies, cupcakes, muffins or rice krispie treats. *Please avoid nut ingredients in baking*. If using a boxed baking product, only the brands listed below are permitted (NO SPRINKLES, COLORED SUGARS, GEL, OR ANY TYPE OF DECORATION ALLOWED). **Boxes and containers of ALL ingredients must be brought in along with food.**

**Cake Mix, Brownie Mix, Muffin Mix and Frosting:**

Betty Crocker

Cherrybrook Kitchen

Pillsbury (EXCEPT the refrigerated premade batter i.e. slice and bake)

Regular size Shop Rite Brand cupcakes (not the mini Shop Rite Brand cupcakes)

**NO COOKIE CAKES ALLOWED**

**Donuts:**

Entenmanns- Little Bites and small donuts: glazed, chocolate, powdered

**NO DUNKIN DONUTS ALLOWED**

**Cookies:**

Chips Ahoy- Chocolate Chip

Oreos (regular, golden, or minis)

**Hershey chocolate chips** (NOT Tollhouse or Ghirardelli)

Barnum Animal Crackers

**Fruits/vegetables:**

Fresh Fruit

Fresh Vegetables: baby carrots, celery, grape tomatoes, cucumber, etc.

Pudding Snacks (Jello-O brand)

Kellogg's brand Rice Krispie Treats (original)

Ice Pops

Rold Gold Pretzels, UTZ Pretzels, Shop Rite Brand

Philly Swirls (gluten, nut, dairy free)

Goldfish crackers

*Parents of students with food allergies or food intolerances may bring in a separate supply of snacks for their child as needed for classroom celebrations. **\*\*\*Please continue to check ingredients on all labels as they are subject to change. Include all ingredient lists with food whether store bought or homemade. Foods should be brought to Main Office by 10 am.***